



Barrie Baydogs Time Trials Rules

May 2019

- Riders will be sent off individually 20-30 seconds apart, with slower riders starting first
- No Drafting – Must be 5 bike lengths (10m) behind rider in front. If entering draft zone, must overtake rider within 20 seconds. Once passed, it is responsibility of the passed rider to drop back 10m out of the draft zone. Remember to only pass when it is safe to do so.
- Riding beside another rider is not allowed. Time trials are single file only
- The 10m rule is relaxed at the turn around and issues that compromise the safety of the riders. Once issue has passed, the 10m zone shall be re-established
- Be aware of cars approaching at bends in the road, especially Ingram. Cars tend to drive in the middle of the road on turns and you need to be vigilant
- Obey the rules of the road at all times – safety first. ie. If a car is approaching from behind or ahead at a turn around, allow them to pass before making your turn
- **Please listen to one of our Time Trials volunteers at the turnaround. If they tell you a car is approaching and to wait... Please follow their advice. Making a quick turn with a vehicle behind or approaching could result in an accident and make drivers uneasy**
- Do not ride in the middle of the road and never cross the center line under any circumstance. **THIS MEANS THAT YOU SHOULD NEVER PASS ANOTHER VEHICLE / TRACTOR WHICH REQUIRES YOU TO CROSS THE CENTER LINE OF THE ROAD. NO EXCEPTIONS**
- When passing another rider, always pass on the left, and call it “On your left”
- When waiting at the start or after TT is done, please move yourself and your bike over to the shoulder to keep the roads clear for vehicles
- Call out your chip on every turn so we can ensure we get your time recorded by our timekeepers
- Have a tool kit, tubes, small pump or co2 cartridge and adapter, patch kit, allen keys – be self sufficient

- Avoid negative situations...ignore drivers who shout at you
- Wear something bright
- A good quality light on the front (white) and back (flashing red) are strongly recommended so you can be seen
- Bike helmets are mandatory
- **Absolutely no ear buds allowed**

- **TIP:** At the turn around, put your bike in the Small Front Chain ring, so you can spin your legs quickly out of the turn.

- Also remember that Baydogs TT are chip timed. In order to get a time for the week, you must:
 - Ensure you are registered for the Time Trial (series) on Webscorer
 - Have a Baydogs timing chip
 - Must be purchased in advance by e-transferring \$10 to Mark DesLauriers at mdtri99@gmail.com. No password required.
 - There will be no chips sold on race day. No chip, no time.