



## Barrie Baydogs Triathlon Club Inc (Baydogs)

### Rules and Regulations

#### Definitions

1. The following terms have these meanings in this Policy:
  - a) *“Individuals”* – All categories of membership within the Barrie Baydogs Triathlon Club Inc (Baydogs) Bylaws, as well as all individuals engaged in activities with Baydogs, including but not limited to, athletes, coaches, judges, officials, volunteers, directors, officers, managers, administrators, spectators and parents of Baydogs members.
  - b) *“Leader”* – Someone who knows the route to be taken and knows the Policies, Rules and Regulations.

#### Purpose:

2. The purpose of these Rules and Regulation is to ensure a safe and positive environment within Baydogs programs, activities and events, by making all individuals aware that there is an expectation of appropriate behaviour, consistent with the values of Baydogs, at all times.

#### Rules and Regulations:

3. **Age:**
  - a) The minimum age for an individual that wishes to sign up as a member will be sixteen (16) years at the time of signing up.
4. **Bike events:**
  - a) A certified helmet must be worn at all times while riding your bike.
  - b) If you need to leave the course, let the leader of the ride know.
5. **Run events:**
  - a)
6. **First aid kit:**
  - a) A first aid kit must be present during all Baydogs events such as, but not limited to: bike rides, runs, clinics.